



WUOC 2018

Team Officials' Meeting

Monday 16.7.2018

1st General Meeting and TOM for Sprint Relay



Presentation

- Tapio Korjus, President of Organizing Committee
- Fernando Parente, CISCA Chairman, FISU
- Nihat Doker, CISCA, FISU
- Jose Luis Terreros, CISCA, FISU CMI
- Ola Kåberg, FISU Technical Delegate
- Margus Sarap, IOF Event Adviser
- Marc Vandenplas, CISCA, FISU
- Jyrki Uotila, National Controller
- Jukka Tirri, Vice President Organizing Committee
- Maarit Laitinen, Secretary General
- Jukka-Pekka (JP) Sorvisto, Competition Manager
- Kerttu Toivo, Medical Care
- Jarmo Luuri, Transportation
- Arja Stevander, Event Office
- Jussi Pasanen, Course Setter for Sprint Relay
- Jarmo Puttonen, Course controller



Bulletin highlights/other important matters (1/3)

- **GENERAL REMARKS FROM BULLETIN 4**

- Please read the Bulletin through very carefully, you'll find answers for most of your questions there!
- There is a pigeonhole/post box for every team in the event office. Please check it daily. All the important information will be delivered to you in the boxes.
- Meals: you can eat as much as you want in the restaurant, but it is strictly forbidden to take the food out of the restaurant.
- Name of the flag carrier -> if someone has not yet informed it to the EO, please do it asap.
- Medal and flower ceremonies: on Tuesday – Friday only flower ceremonies on the competition sites, prize giving ceremonies in the evenings at the EC. On Saturday the prizes will be given at the competition arena. Please make sure that your medalists are available for the flower ceremonies right after the competition has finished.
- Please remember to confirm you return transportation to the EO.



Bulletin highlights/other important matters (2/3)

- Tap water is totally drinkable!
- Laundry -> you can use the washing machines in buildings no. 35, 26 and 24. You need your own washing powder -> there is a drying cupboard in every room, which you can use for drying of your clothes.
- Swimming in the lake is allowed, but only on your own responsibility -> no life-guards
- If you lose your room key or are in other kind of trouble out of Reception and EO hours, please call +358-400-668 981.
- All the entry forms you have received, can also be found at our website: www.wuoc2018.com.
- Please check carefully the bus schedules for competition transportation from the Bulletin. We recommend competitors to use the busses scheduled according to their start time.



Bulletin highlights/other important matters (3/3)

- **CHANGES IN THE INFORMATION GIVEN IN THE BULLETIN NO. 4**
 - Dinner time -> every day till 20:00 (8:00 pm) -> food is served till 20:00, but you can eat as long as you want.
 - On Friday the Beach Sauna is available for you from 17:00 (5 pm) to 20:00 (8 pm). Take your own towel from your room.



Medical Care

- Emergency phone number 112: serious injury or illness
- First aid and ambulance at venues
- Doctor at Athletes Village or venue: contact by telephone
- Local health care services
- Pharmacy: in centre of Kuortane (approx. 1,5 km from Athletes Village), open: weekdays 9-17, Saturday 9-14
- Over the counter products sold at Athletes Village



Medical Care Providers

- Doctor at venue or Athletes Village:
 - Sunday to Tuesday: Kerttu Toivo +358 (0) 50 361 2234
 - Tuesday to Saturday: Esa Liimatainen +358 (0) 40 526 5082
- Local Health Care Services: please find contact information in bulletin
 - Alavus Health Care Centre, open 24 h, approx. 25 min drive from Kuortane
 - Lapua Health Care Centre, weekdays 8-20, weekends 10-18
 - Seinäjoki Health Care Centre, daily 8-22
 - Seinäjoki Central Hospital, 24h, approx. 40 min from Kuortane
 - Tampere University Hospital, 24h, approx. 2 h from Kuortane

Medical Care





Appointment of Jury

- Chairman:
 - Margus Sarup, IOF Event Adviser
- 3 Team Leaders
 - Mark Saunders, Great Britain
 - Natasha Key, Australia
 - Susanne Barkholt, Sweden

- Protest fee: 50 Euros



Doping control

- No runner is allowed to leave the Arena without permission of organizer.



General Agenda

- Answers to questions
- **Sport watch:** *GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes.* (IOF rule 21.4)
- If Officials or competitors have something to ask, please enter in advance your question to email ask.wuoc2018@gmail.com
- Organizer is following this mailbox all the time.
- Common questions will have answers daily in the Team Officials Meeting
- Personal questions will be answered personally by info or via email.



Bulletin highlights

- General pick ups from Bulletin 4



Sprint Relay Tuesday July 16th



Agenda for Sprint Relay

- Teams for Sprint Relay at Seinäjoki
- Bibs and emiTag punching
- Schedule for Transportation
- Quarantine and Pre-start
- Arena
- Start procedure and change-over
- GPS tracking and vests
- Control description
- Terrain & Map
- Weather forecast
- Timetable for Tuesday
- Things to remember



Teams for Sprint Relay at Seinäjoki

- There are 27 teams registered to competition
- Finally there are 23 teams on start line

Bibs and emiTag punching (Just for Sprint)

- Bibs and emiTags will given end of this meeting
- In bib: the bigger number is team number and the small one shows leg to run.
- The bib for 4th leg has yellow background
- emiTag chip bands and controls: Touch free punching
- Every competitor has two bands with different colors; primary chip and second chip as a backup system. Both emiTags should be mounted on the same wrist. In speed the punching is performed by holding the emiTag 0 - 50 cm above the control for a short moment. The LED light in the emiTag will start flashing, and keeps flashing for 5 seconds after the punch.
- Controls are similar than in technical model event.
- Note: emiTag chips must be reset in the quarantine area after call up





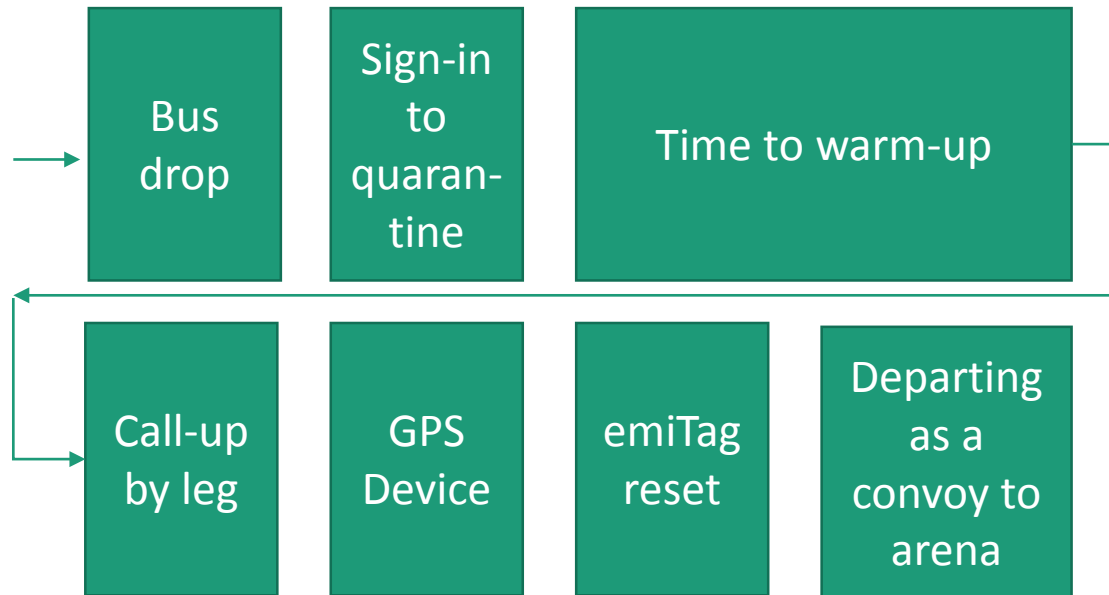
Schedule for Transportation

- All buses are leaving at same time
- **Buses will arrive at Event Center at 13:30**
- **Buses will leave to Seinäjoki immediately once they are full.**
- **The last bus will leave 13:45**

- Bus dropping at quarantine – every runner and coaches must leave the bus there
- If you have been at the Arena, you are not allowed to enter the quarantine anymore.



Quarantine



	Call up	Convoy depart
1 st leg	15:30	15:40
2 nd leg	15:40	15:50
3 rd leg	15:50	16:05
4 th leg	16:05	16:20





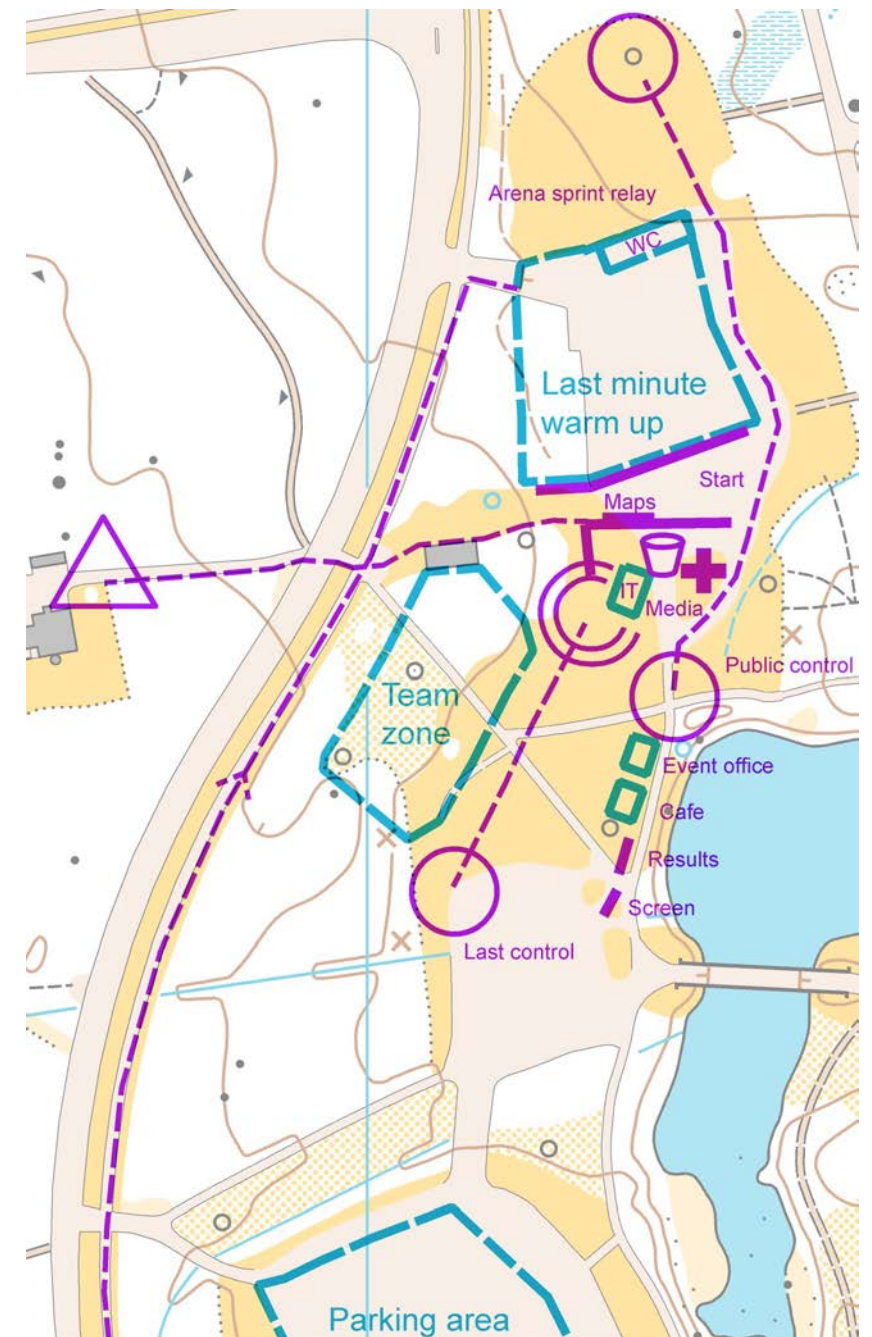
GPS tracking and vests

- Adequate number of GPS vests of different sizes will be assigned to each team in beforehand. These vests are kept and used by the athletes for all races during the WUOC.
- Runners are allowed to use their own vests if they have closed pockets for the GPS device.
- GPS devices will be installed by organizer at the prestart
- Devices will be removed by organizer after change-over
- Note: organizer has no spare vest, make sure to remember your vest.



Sprint Relay Arena

- There are toilets in the last minute warm-up area
- Coaches are allowed to enter warm-up area through the quarantine within the convoy
- Coaches who leave the last minute warm up area must go to Team zone area
- All finished runners, coaches and other team members must stay in the Team zone area until organizers permit to leave.
- Runners and team members who are not taking part in the relay should either enter the team zone area before 16:00 otherwise they are not allowed to enter the team area





Start procedure and change-over

- Please read Bulletin 4.
- Runners will be escorted from the pre-start to the last minute warm-up area
- Runners will make a convoy by leg
- Runners must follow escort.
- Change-over by touching next leg runner over fence

Control description

- Printed on the map
- There are NO code numbers beside control numbers





Terrain & Map

Land form	Flat area between 80-90 meters asl.
Vegetation	Parks and urban areas
Runability	Excellent (forest 10-15%, park 30%, asphalt or gravel 60%)
Visibility	Excellent
Paths and roads	Urban area and developed network of paths
Warm-up map	There is no warm-up map
Map	Scale 1:4000, contour interval 2 m, ISSOM 2007, map size (A4) 297x210 mm



Weather forecast

- Very warm weather +30 °C
- There is drinking water available
- Please remember to drink enough

Seinäjoki

Detailed forecast

TUESDAY July 17

Sun Mon Tue Wed Thu Fri Sat Sun Mon Tue

<< Monday | Wednesday >>

11:00		+27°	← 1 m/s	Clear Feels Like: +26° Precip chance: 2% Humidity: 48%
12:00		+29°	← 1 m/s	Clear Feels Like: +28° Precip chance: 2% Humidity: 41%
13:00		+30°	← 1 m/s	Clear Feels Like: +28° Precip chance: 2% Humidity: 38%
14:00		+30°	← 1 m/s	Clear Feels Like: +28° Precip chance: 2% Humidity: 37%
15:00		+31°	↖ 2 m/s	Clear Feels Like: +29° Precip chance: 2% Humidity: 37%
16:00		+32°	← 2 m/s	Clear Feels Like: +30° Precip chance: 2% Humidity: 35%
17:00		+32°	← 2 m/s	Clear Feels Like: +30° Precip chance: 2% Humidity: 34%
18:00		+32°	← 2 m/s	Mostly clear Feels Like: +30° Precip chance: 2% Humidity: 38%



Timetable for Tuesday

Time	
10:00-11:00	Technical Model Event (you can test punching and touch free)
13:30-13:45 !!!!	Buses start from Event Center to pre-start and arena
14:40	Buses will arrive to quarantine, drop runners and continue to Arena's parking area
16:00	Relay starts
~17:00	The winner is finish (estimation)
	Flower ceremony (to be announced)
17:45	Buses back to Event center Kuortane
18:00	Reception for Team Leaders and Guests at Seinäjoki
19:00	The last bus start back to Event Center
20:00 -21:00	Team officials Meeting for Middle distance



Things to remember

When competitors are departing from Kuortane event center they must have:

- **BUS TRANSPORTATION IS EARLIER THAN WRITTEN IN BULLETIN**
- Accreditation card
- GPS vest
- Bibs and emiTags
- Spikes or studs are not allowed



General questions during meeting

- Q: What is the starting procedure for the first leg?
- A: 3min before start runners are allowed to go to the start area. 1 min before start the maps are given to runners. Maps are rolled and can only be opened after the start signal.
- Q: Is it possible to run on the area after the race?
- A: Yes. Please contact the Fin5 Event Office at the arena immediately when the relay is finished.
- Q: Is it possible to try the emiTag at the Technical Model Event on Tuesday if you are not running the sprint relay?
- A: Yes, there will be some EmitTags to borrow.



Good luck for everyone !